

# News Release



## Women in Action – Steps of Hope

**IQALUIT, Nunavut (December 13, 2011)** Six women in Action will be taking Steps of Hope towards a shared vision of health and wellness from Umingmaktuuq to Cambridge Bay, approximately 155 miles across the Coronation Gulf in May 2012. By walking they are reminding themselves that healthy bodies and minds are built a step at a time; hope is built a step at a time and that a cure for cancer can be achieved by the combined steps of many.

The proceeds from the walk will be donated to the Alberta Cancer Foundation to support the Edmonton Cross Cancer Institute and breast cancer research. People will be able to make donations directly online via the Alberta Cancer Foundation website or through RBC in Cambridge Bay once systems are established. More Women in Action in both Cambridge Bay and Kugluktuk are already planning and coordinating many fundraising events.

“This has been a goal of mine for a long time and the time is right in my life, in regards to health and wellness, to make the dream a reality,” said idea originator, Edna Elias, Commissioner of Nunavut.

Elias quickly gained support and was joined by friends and family members from Cambridge Bay and Calgary; namely Elisabeth Hadlari, Donna Olsen-Hakongak, Crystal Qaumariaq, Jamie McInnis and Jeannie Ehaloak.

Currently the six women are taking steps to ensure that they will be as fit and healthy as possible to walk approximately 25-30 miles per day to arrive in Cambridge Bay during the annual Umingmak Frolics.

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Steps of Hope